

Taking on the City-Bay helps Glover family say 'thank you'

Shelie Watson

Emma Glover stands head and shoulders above her brother Thomas – and yet they're twins. Born 10 years ago, the Glover twins are lucky to be alive, after they were born at 27 weeks gestation.

When Thomas arrived he weighed 320g (1.7lb) – which is lighter than a can of Coke.

He holds the record for the smallest baby born at the Women's and Children's Hospital, and is also believed to be one of the smallest babies born in Australia.

Known affectionately as "Tom Thumb" during his long stints at the hospital, he spent most of his first three years at WCH.

Thomas started kindy with an oxygen bottle and learnt to eat by himself at four.

His mother, Tracy Glover, describes him as her "miracle" and says that although Emma thrived, she also spent considerable time in hospital, accompanying her mother to visits and appointments.

Ms Glover, of Glenalta, said doctors dis-

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covered Thomas had stopped growing just 6 weeks into the pregnancy. The decision was made 13 weeks ahead of her due date to deliver the pair on April 2, 2004, giving them the best chance of surviving.

"The doctors actually thought Thomas weighed about 500g," she said.

"It wasn't until he was born they discovered just how tiny he was. Thomas wasn't supposed to make it through the end of the day, the week or the year, but he just kept on beating the odds.

"There were times when he was on life support when no-one thought he would pull through. One thing we've learnt is to never underestimate tommy."

Ms Glover said at one point she believed Thomas was the smallest baby boy in the world, but has since read of a smaller baby being born in Germany.

Her energetic Year 3 student, who happily bounds around the yard of his Adelaide Hills home pretending to be a superhero, has moved ahead in leaps and bounds in recent years.

Yet Ms Glover says Thomas is closer to his younger brother, four-year-old Jack, than his twin Emma. "It was always hard trying to explain they were twins, because here's such a size difference," she said.

"In the end, I just wouldn't mention it to people we met, to save trying to explain it."

As a way of saying "thank you" to the hospital that provided Thomas and his family with so much, and to also help other babies who are born premature, Ms Glover,



Glenalta's Tracy Glover and her family will run the City-Bay to raise money for the Women's and Children's Hospital, as a thank you for help with twins Emma and Thomas (above) when the twins were born (below). Picture: DYLAN COKER

her family and friends are going to run in the Sunday Mail City-Bay Fun Run.

As they make their way along the 12km Anzac Hwy route on September 21, the Glovers will be raising money for the Women's and Children's Hospital Foundation.

"The staff at the hospital became like a family to us," Ms Glover said.

"I sometimes didn't go home for a week at a time and Emma – despite being much healthier – also grew up in the intensive care unit.

"We saw the nurses every day for years and it was a bit sad to have to say goodbye. "Emma and Thomas get postcards from Thailand and other places, from nurses who go on holiday, it's just so lovely."

Ms Glover had initially hoped to raise \$700, but have already exceeded that with \$2000 pledged. The Glovers have now pushed up their goal to \$2500.



HOW YOU CAN GET ON BOARD

To support Team Thomas and Emma, see citybay2014.everydayhero.com.au/team-thomas-and-emma To register in the City-Bay fun run, go to advertiser.com.au/citybay

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2014 Council Elections – Nominations Open



Nominations will be received between Tuesday 2 September 2014 until 12 noon Tuesday 16 September 2014 from any person eligible and wishing to be a candidate for election to any of the positions listed below. Candidates must submit a profile of not more than 150 words with their nomination form and may also provide a photograph, predominantly head and shoulders, taken within the previous 12 months. Council nomination information is set out below:

Vacancies:

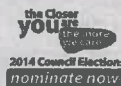
- 1 Vacancy – Lord Mayor
- 4 Vacancies – Area Councillor
- 2 Vacancies – Councillor for North Ward
- 3 Vacancies – Councillor for Central Ward
- 2 Vacancies – Councillor for South Ward

Nomination kits are available from:

Customer Service Centre
25 Pirie Street, Adelaide
phone 8203 7203.

Briefing sessions for intending candidates will be held at:

6.00pm on Thursday 21 August 2014
David Spence Room, Adelaide Town Hall, King William Street, Adelaide.
1.00pm on Tuesday 26 August 2014
David Spence Room, Adelaide Town Hall, King William Street, Adelaide.



K Mousley
Returning Officer

Nominations close 12 noon Tuesday
16 September 2014



Free parenting seminars Sleep and your teenager

Are you the parent of a 13-18 year old?
Are you concerned about their sleep?

Come and hear Dr Sarah Blunden, sleep researcher, talk about the importance of sleep for this age group. Find out how:

- > sleep needs change during adolescence
- > sleep impacts on physical and mental health
- > technology affects sleep
- > to help your teen get enough sleep.

Seminar 1

When: Tuesday 9 September, 7.15-9pm
Where: Basil Hetzel Lecture Theatre, UniSA City East Campus, Frome Road, Adelaide (Building H, entry via gate 3)

Seminar 2

When: Tuesday 16 September, 7.15-9pm
Where: Catherine Community Centre, Nazareth Catholic Community, 176 Crittenden Road, Findon (parking in college carpark off Crittenden road)

To book:

Online: <http://parentingsa.eventbrite.com.au/>
Phone: 8303 1660
Email: health.parentingsa@health.sa.gov.au
Presented by Parenting SA. For more information about caring for your child go to www.cyh.com



Government of
South Australia

Path art project

A public art project is inviting people to put their words on the street. 'Dialogue' is a public art project which will see insightful quotations collected from the public and installed on the pedestrian path through the South Parklands. The path, which runs from the corner of Goodwood and Greenhill Rd to Sir Lewis Cohen Ave and South Tce in the Adelaide Parklands, will be transformed in September. To contribute your quote, email info@ikabod.com.au by 5pm on Friday. Selected quotes will have the sender's name attached to the design

DID YOU KNOW?

You know that perfect paper bag fold you get at Charlesworth Nuts? It's called 'The Charlesworth Fold'. A staple of the business for over 30 years, it's a self-locking fold that ensures goods can't escape if the bag tips over. It's one of the first things new employees learn.

Maras' top honour

One of the city's leading property firms has won a top national industry award. The Maras Group won the Business Support of the Mainstreet Industry at a gala night in Melbourne a fortnight ago. Judges said the award was recognition of the company's significant support of development in the East End and suburbs including Unley, Norwood and St Peters. Group Managing Director and CEO, Steve Maras, said: "It was a huge honour for our company to have been recognised at a national level for our work in supporting the Mainstreet industry."